



NEWSLETTER



Timmy Shapiro's Succulent Success!

Annual Meeting Horticulture Show



President's Message

Carolyn Willard

We've had a busy summer already and many members are working hard to prepare for our first-ever Trunk Show on Aug. 25 and 26. If you haven't already, organize your friends and houseguests for a day at the show—some 15% of proceeds will go to our local projects, including grants and the development of a local scholarship/internship program for future experts.

One bit of advice I received as GCBB president was to protect these summer months as down time – to allow members to host what can seem like an endless list of guests (all welcomed, feted and sent back to wherever), to travel a bit without the weekly tasks that mark the GCBB winter, and lastly to have time to enjoy our own gardens before the leaves begin to turn all too soon. I have compromised that dictum a bit, I am afraid, but am hoping everyone will recover before our September meeting, appropriately a talk on making our own gardens more manageable as we age.

In July, Celeste Penney and Sally Lutz put together a wonderful day of Westport gardens which many enjoyed and the rest of you will see glimpses of through this newsletter. Thank you to them and our hosts. Thanks too to Tina Read, Anne Almy and Ruth Furman for a wonderful horticulture show and annual meeting in June.

On a personal note, I just wanted to let everyone know I am recovering well and have two new knees. You'll see me toddling a bit through the fall, but then should be well on my way to being a bionic woman, joining that not-so-exclusive group of GCBB members with joint replacements (is it all that weeding?). Thank you everyone for being tolerant and helpful.



2015 Zone 1 Annual Meeting Report

Ruth Furman

Tales, Trowels & Treasures, Hosted by Fox Hill Garden Club – June 15-16

The meeting began promptly at 9 AM starting with the Z1 presidents reporting on their club treasures. GCBB's treasures (written by President Carolyn Willard) were Helen Goddard, Betsy McBratney and all the ladies of greenhouse who braved the winter snows to take care of the club's plants. Following the presidents' reports was the scholarship speaker, Valeria Vidal, who transported attendees to Iceland where natural resources are intelligently and conservatively used.



The working luncheon at the Dedham Polo and Country Club was a discussion of leadership and its meaning to Z1 clubs. The rainy afternoon was spent touring three distinctive gardens in Dedham/Westwood from a small town backyard with 40 raised beds growing organic produce to a 1902 estate with a collection of mature magnolias and lilacs, a small orchard, pool area and new greenhouse for the family's winter dining. The day ended with dinners hosted by Fox Hill members where conversations bubbled.

Day two started with the horticulture speaker David Prendergast of Agora Gardens Company which installs raised beds for mainly commercial clients. The conservation speaker was Dr. David Gallo of the Woods Hole Oceanographic Institution where he is director of special projects. He gave a sobering presentation on the state of the world's oceans and then took us to the depths of the ocean where few humans have traveled to view amazing sea creatures.



At the awards luncheon our local Dartmouth Natural Resources Trust (DNRT) was given a conservation award and both Dexter Mead and Clif Rice of DNRT were on hand to accept it. GCBB also took home awards in all categories – floral, plant exchange (PX), photography and cut specimens.

In between meetings we viewed the floral arrangements (Tina Read received a first and Helen DeGroot a 3rd) the PX where GCBB received 3 blues (Anne Almy, Nonnie Hood & Ruth Furman) the photography show (Leslie Bernert received an HM) and the horticulture show (with 2 blues and 2 2nds awarded to Anne Almy.)

Thus ended the 2015 Zone 1-derful annual meeting!

Scholarship

Mary Schubert, GCA Scholarship Vice Chair
for Summer Environmental Studies

Valeria Vidal, Clara Carter Higgins Summer
Environment Studies Scholar

Attendees to the GCA 2015 Zone 1 Meeting were given a most inspiring look at why we, as individual clubs, should support the GCA Scholarship Fund. Valeria was awarded the opportunity to study in Iceland, focusing on geothermal and hydropower generation in that country, with financial help afforded by the GCA Clara Carter Higgins Summer Environment Studies Scholarship.

Her pictorial presentation was quite exciting as she spoke of her visits to power plants around the country, including the opportunity to tour the inside of Iceland's active volcano. It is the only study of this kind available to students who are interested in improving our environment.

She concluded her talk with heartfelt gratitude to the members of the Garden Club of America for offering her this scholarship, without which she would have been unable to participate. She felt it also had a positive impact on her graduate applications to MIT and Harvard University. (She was accepted into both programs.)

Valeria's life story is also compelling. She was born in Peru, and came to the United States with her mother and brother when she was entering high school. There she immersed herself in learning English and appreciating the environment around her. Upon graduation she volunteered for Habitat for Humanity International in Costa Rica for a year.

She then enrolled at Northeastern University, where she has recently graduated with a dual major in International Affairs and minors in Law and Business Schools. She was sighted by the University as a "Top 100 Most Influential Senior at NU", and the Mayor of Boston in 2014 for the "Impact of her Community Service", acknowledging her more than 100 hours per year volunteer service in Boston.

The next chapter of her life begins in September when she will embark on her master studies focusing on environmental planning at MIT. I hope her story and her view of the importance of her GCA Scholarship will resonate with you when you are asked to support the GCA Scholarship Fund in addition to sending in your GCBB dues for 2015/16. There are many more scholars out there who can benefit from our generosity.



Trunk Show

Sally Lutz, Chairman

Last year Carolyn asked a group of us to form a committee for the purpose of planning a summer event that would raise money to establish a local scholarship fund and add to our Grants Program. There are now many of us who leave during the winter months to warmer climes and miss out on the winter greenhouse activities for example. Hence an opportunity to do something worthy for the Club during the months we are here! The core committee expanded and now in force we are: Mary Cook, Heidi Huguley, Winnie Phyfe, Christine Dole, Holly McDonough, Gig Lang, Beth Ladd, Susan Sargent, Susan Rothschild, Carolyn Willard and Sally Lutz.

Largely due to Mary, Heidi and Winnie the idea of a Trunk Show came up. With 15% of gross profits going to the Club, it seemed like a good idea to bring this shopping concept to our area...and while we are at it, why not think big? On to a winter of attending Trunk Shows, talking to Vendors, learning the ropes.

TUESDAY AUGUST 25TH, 12 - 6PM & WEDNESDAY AUGUST 26TH 10 AM - 4PM

TRUNK SHOW

THE WAMSUTTA CLUB
427 COUNTY STREET,
NEW BEDFORD, MA.

\$20 LUNCHEON
BY RESERVATION
CALL: 508-997-7431

presented by
The Garden Club of Buzzards Bay

VENDORS

ARTEMIS DESIGN	One of kind shoes & accessories.
CATCH ALL LIVING	Fabulous sleepwear & linens.
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CMM DESIGNS - STATUS FAUX	Classically designed costume jewelry.
DETAILS & GOODS	Fashion for everyone! Contemporary & Classical styles.
FOXGLOVES	Seven styles of fabulous foxgloves, Dutch hand tools, Swiss pruners.
INDAGO DESIGNS	A unique collection of apparel & accessories, with a European twist.
JANET EGAN DESIGN	Apparel & accessories for women in silk & cotton - imported
LULO	One-of-a-kind Hats, fascinators and flower bands.
LIZA BYRD	Lively, unique items, and novelty clothes, American girl doll clothes + gifts.
MYPETS BY DS	Original watercolor paintings of your pet. Bring a photo!
ROSE AND HARPER	Elegantly artful handcrafted jewelry.
SUSAN GUBELMANN	100% Cashmere shawls, scarves, JL earrings and candles.
THE ROMANTIC ROOM	Clothing and accessories for the casually classic lifestyle.
THREE ISLANDS	Live the three Island lifestyle- women, men and kid's living!
TINA LABADINI DESIGNS	Original hand-painted art reproduced on stationery.
TRILLION	Distinctive collection of estate & contemporary jewelry - emphasis on design.

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The Committee has worked many hours putting a "template" together for future shows, which should make the process easier (think Plant Sale.)

We have every confidence for success. And many thanks to the GCBB Members who are helping us this summer...when you already do so much in the winter!

Annual Meeting

Tina Read's house and gardens - a beautiful setting on a beautiful day.





Recipes -- *Three from two*

Two-Day Bombay Chicken Salad

Ruth Jolliffe: This was a favorite of my Singapore Days

- 4 Cups chicken, cooked and diced or shredded
- 4 Cups cooked rice
- 2 Tablespoons salad oil
- 2 Teaspoons curry powder
- 1 Tablespoon lemon juice
- 1 Small can (8 1/2 oz.) crushed pineapple, drained or fresh

- pineapple cut up in small pieces
- 1/3 Cup shredded coconut
- 1 Cup finely chopped celery
- 1/4 Cup green pepper, minced
- 3/4 Cup blanched almonds slivered and toasted
- 1 1/2 Cup mayonnaise
- 1 Tablespoon red wine vinegar
- 1 1/2 Teaspoon salt (optional)

Mix and refrigerate for 24 hours (better after 36 hours).
Serves 12



Sweet and Tangy Tomato Ring

Ruth Jolliffe: This goes nicely with the Bombay Salad.

- 1 package of lemon Jello
- 4 cups V-8 juice
- 2 packs of Knox gelatin

Generously grease a 4 cup ring mold (Pam's good)
Dissolve 2 packs gelatin in 1 cup cold juice

- Empty lemon Jello into a bowl
- Pour 1 cup of boiling juice into the Jello stir in
- Add dissolved gelatin and mix well for at least one minute
- Pour into mold and chill until set

Makes 12-14 sliced. Great made ahead. Leftovers are great too.

And for dessert . . .

Summer Pudding

Ruth Furman: A glorious summer dessert using soft summer fruits and so very easy to make.



1.5 to 2 lbs mix of whatever you have available: blueberries, raspberries, pitted cherries, blackberries or strawberries, red or black currants (if you can find them!).

¼ Cup sugar (or to taste)

Grated rind of ½ lemon (optional – adds a bit of tartness)

8 or more medium slices of day old white bread (Pepperidge Farm or a farmhouse white)

Lightly butter a 1.5 pint/30 oz. pudding basin. (A pudding basin is wider at the top, approx. 5.5-6”, and a narrower bottom approx. 3” and about 4” deep.)

Remove the crusts from the bread and cut 1 slice of bread into a circle to fit on the bottom of the bowl. Line the sides of the bowl with the other slices overlapping a bit to seal the bread.



Place fruits with sugar and lemon rind if using in a large saucepan. Cover and place over medium heat and let cook for 3-5 minutes, until the sugar melts and juices begin to run – don’t overcook otherwise the fresh flavor is spoiled. Reserve about a cup of the liquid and pour the fruit into the prepared bowl. Cover the top with another slice of bread sealing the edges. Place a plate on top of the pudding and then on top of the plate place 3-4 lb weight. Leave in the fridge overnight.

Just before serving, turn the pudding out into a serving dish and spoon the reserved juice all over so it’s all pink. Cut into slices and serve with whipped or pouring cream.

ENJOY! I’m sure you won’t be disappointed

Serves 6

Photo Gallery of Westport Gardens





A good time was had by all!





Rock away the Lazy Days of Summer